



Falls and Frailty bulletin

January 2025

The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty

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Articles

Frailty and multimorbidity in perioperative care

Johnston M, Swarbrick C
Medicine 53 (1) 10-14

Fall risk screening in older adults using the “CARE” frailty scale: The NuAge cohort results

Olivier B et al
Maturitas 191 (Jan) fall risk screening

Protective effects of elastic band training-detraining on fall risk, power, body composition and cognition in older adults with mild cognitive impairment: a 40-week trial

Rodrigues R et al
Journal of Bodywork & Movement Therapies 42 (2025) 23-33

Frailty as a mediator between sleep quality and cognitive impairment among the rural older adults: a cross-sectional study

Dong P et al
BMC Geriatrics 25 (1) frailty

The impact of cold weather on older people and the vital role of community nurses

Reis da Silva, Tiago Horta
British Journal of Community Nursing 30 (1) 28-34



Development and validation of a predictive model for fall risk in pre-frail older adults

Jing H et al

Research in Gerontological Nursing 198 (1) 29-39

Independent association between frailty and fear of falling in older adults after hip fracture surgery: a cross-sectional study using a secondary analysis

Ko Y et al

Nursing Research and Practice 2025 (Jan) 2075740

Prevalence and risk factors of frailty in older patients with coronary heart disease: a systematic review and meta-analysis

Li T et al

Archives of Gerontology and Geriatrics 130 (Mar) 105721

The simpler modified fried frailty scale predicts 2-year mortality in older adults with heart failure: a pilot study

Kucuk C et al

BMC Geriatrics 25 (1) 1-11

Scale-based screening and assessment of age-related frailty

Wang X et al

Frontiers in Public Health 2025 scale-based screening

The relationship between frailty syndrome and quality of life in patients with hypertension: a multidimensional analysis

Uchmanowicz B et al

BMC Geriatrics 25 (1) frailty syndrome

Frailty index, frailty phenotype and 6-year mortality trends in the FRASNET cohort

Damanti S et al

Frontiers in Medicine 2025 (Jan) frailty index

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